

Adventure Day kit lists

The timings for Adventure days are drop off between 8.30 - 8.45 and pick up 4pm.

The kit below is required for all of our Adventure Days.

Everyone will need to bring a pack lunch with them and plenty of water.

Please ensure that any medication that is needed is given to the instructor at the beginning of the session.

Activity	Kit required
Kayaking, Surfing, Sailing, Canoeing and raft Build	Swim Wear Towel Trainers to get wet Dry Trainers for afterwards Underwear for afterwards Warm jumper
Coasteering	As above but old shorts needed for over the wetsuit as well.
Climbing, High Ropes and Archery	Warm clothes and spare jumper Waterproof jacket Trainers with grip
Assault Course and Nightline	Full set of clothes you are happy to get very wet and muddy Old trainers Towel Underwear for afterwards
Bushcraft	Warm clothes Waterproof jacket